



Healthy Meals · Enjoy Every Bite, Every Day

Stop stressing about "What to eat today?"

With our freshly prepared meals, eating becomes simple, delicious, and worry-free.



Make every meal something to look forward to.

JingMommy Healthy Meal Comparison Chart

	Plan A	Plan B	Plan C
Breakfast: Egg	✓	✓	
Breakfast: Porridge	✓	✓	
Lunch: Fish soup or postpartum soup	✓		
Lunch: Entrée (protein)	✓	✓	✓
Lunch: Vegetables	✓	✓	✓
Lunch: Rice	✓	✓	✓
Dinner: Entrée (protein)	✓	✓	✓
Dinner: Vegetables	✓	✓	✓
Dinner: Rice	✓	✓	✓
Healing Drink	✓ (Free)		
Chicken essence	optional	optional	optional
Price	\$65	\$55	\$45
	\$115 (for two people)	\$95 (for two people)	\$75 (for two people)

